

Seminar Catalog 2018 – 2019 The NYSUT Tarrytown Regional Office has always supported the concept of continuing education for the members of our region. We are constantly looking for opportunities to provide you with training initiatives relevant to your profession. With that in mind, we created the **Tarrytown Learning Center** (TLC).

The TLC is set up to conveniently provide you with seminars that will enhance your work experience and give you the tools necessary to become the best that you can be within your profession. The seminars will be set up in conjunction with the NYSUT Education and Learning Trust (ELT). With more than 30 years' experience, the ELT is the go-to choice for high-quality professional learning with experienced, classroom-tested instructors. The ELT offers the latest and most relevant research-based strategies and resources, taught by your colleagues — fellow teachers and school-related professionals. These are educators who have walked the walk, mentoring, facilitating and implementing the research-based methods and practices they teach. In addition, the TLC is working closely with the Lower Hudson Valley Network of Teacher Centers.

Through the **TLC**, we have scheduled more than 80 seminars, beginning in October and continuing through April. The seminars will take place at the NYSUT Tarrytown Regional Office, the Pirates Cove in the Pearl River School District in Rockland County and the Newburgh Free Academy in Orange County. As in the past, you will be able to use **My Learning Plan**. This will allow you to use the hours towards the required hours for professional development to track the seminars you attend.

These seminars are open to NYSUT members only and there is no charge to participate.

All seminars will begin at 4:30 PM. The seminars were selected because of their broad appeal to the NYSUT members in the region. While class size will be limited, you are welcome to attend as many seminars as you can fit into your schedule.

### www.tarrytownlearningcenter.org

#### SEMINAR DESCRIPTIONS

#### 5 Tips to Diffuse Difficult Behaviors in Today's Schools

**Seminar for SRPs** 

10/17/2018 Tarrytown 10/18/2018 Newburgh

Educators are often confronted with challenging, disruptive and sometimes violent behaviors from students. These challenges can create a negative school culture that impacts teaching, student achievement as well as morale amongst students and staff. This seminar will provide opportunities for school staff to learn and practice evidence-based, proven-effective strategies to work with challenging behaviors in positive, proactive ways. (3 hours)

#### Addressing Aggressive Behavior in Schools

Seminar for Teachers and SRPs

11/13/2018 Tarrytown Teachers 11/14/2018 Pearl River Teachers 11/15/2018 Newburgh Teachers 04/09/2019 Newburgh SRPs

Special needs students experience many benefits as well as challenges in the classroom. Some students may resist efforts of teachers and SRPs to support and guide them. This resistance may be shown in passive ways or in more aggressive ways, such as acting out, tantrums, or even throwing objects. This seminar will focus on strategies for managing the behavior of students who demonstrate aggressive and disruptive behaviors. Participants will discuss the need to teach students to take responsibility for their own behavior, review a plan for ensuring they have the knowledge and skills to successfully change their behaviors, and proactive strategies for addressing specific misbehaviors. Confrontation strategies and strategies such as redirection cause and effect, and overcorrection will be explored and practiced. (3 hours)

#### **ADHD Strategies**

**Seminar for SRPs** 

12/06/2018 Newburgh 02/26/2019 Pearl River 03/28/2019 Tarrytown

The number of students in our classrooms diagnosed with Attention Deficit Hyperactivity Disorder and other attention difficulties has increased dramatically. The symptoms can disrupt the child's learning and affect their relationships with peers and adults. This seminar is designed to help the school-related professional achieve a better understanding of ADHD and provide intervention strategies to facilitate positive student behavior. (3 hours)

# Aim High: A Proactive, Positive Environment for Student Achievement Seminar for SRPs 03/07/2019 Newburgh

Closing the achievement gap among all students requires addressing all factors that influence their achievement and behavior including: classroom learning, school climate, and motivation theory. In this seminar, participants will learn that a positive educational environment is a major ingredient of effective schools. Participants will examine research-based techniques that empower "at risk" students, decrease problem behavior, and improve student achievement in general. When the environment is engaging, the likelihood for success is greatly increased. (2 hours)

## Autism Spectrum Disorder: Adjusting the Educational Image Seminar for Teachers 11/08/2018 Newburgh

This training provides up-to-date information on the clinical and associated features of Autism Spectrum Disorders (ASD). Attention will be given to how these features manifest themselves and present unique instructional and learning challenges within educational settings. The seminar goes beyond the core features of the disorders and covers evidence-based, proactive strategies for helping children and adolescents with ASD succeed in schools today. This workshop fulfills the state requirements for the 3 hour Autism training in the needs of students with Autism pursuant to Sections 3004(4) and (5) of the Education Law and Subpart 57-3 of the Regulations of the Commissioner of Education. (3 hours)

## Bully, Bullied or Bystander\*\* Seminar for SRPs 01/10/2019 Pearl River

This seminar provides an overview of the Dignity For All Students Act and its impact on the school environment. It includes a definition of the various types of bullying, the roles and responsibilities of people involved in bullying - bully, victim, bystander-and strategies to help prevent or decrease bullying. (3 hours)

\*\*This seminar does <u>not</u> fulfill the Dignity Act (DASA) mandate.

#### ClassroomManagement

Seminar for Teachers 10/16/2018 Tarrytown 10/25/2018 Newburgh

Learn how to establish a framework for developing a personal system of classroom management that includes organizing the classroom to facilitate learning for all students. This seminar will model and investigate several conditions that are integral to an effectively managed classroom. (2 hours)

#### Cognitive Strategies and Engagement

Seminar for Teachers and SRPs

02/06/2019 Pearl River Teachers

02/12/2019 Newburgh **SRPs** 

03/12/2019 Newburgh Teachers

The ultimate learning environment is rich in engagement. When learners are engaged they are fully immersed in the learning. This seminar delves into multiple strategies for educators to create that rich learning environment and motivate our 21st century students. With cognitive engagement the students do all the hard work of learning while the teacher is truly a facilitator. (3 hours)

#### Collaborative Identification of English Learners with a Disability

**Seminar for Teachers** 

03/13/2019 Tarrytown 03/14/2019 Pearl River

Participants will examine the many facets of identifying English learners with special needs. Federal regulations and New York's CR Part 154-3 regulations will form the foundation of this session. Participants will analyze a case study and apply concepts and tools acquired throughout the course. Enriching discussion will focus on the collaborative process of identifying ELs who have a disability. Many practical resources and tools will be provided for educators to utilize from throughout the collaborative process of identifying ELs with a disability. (3 hours)

#### **Conflict Management**

**Seminar for SRPs** 

10/24/2018 Pearl River

Conflicts are normal and unavoidable occurrences in our everyday lives. Most of these are minor and easily resolved. Participants will address the benefits and disadvantages of conflict, key factors to be considered in resolving conflicts, and strategies for managing and resolving conflicts. (3 hours)

#### Creating Welcoming and Inclusive Environments for all Students

**Seminar for Teachers** 

3/07/2019 Tarrytown

This seminar encourages discussions and provides a deeper awareness of LGBTQ issues. It focuses on how educators can create an inclusive classroom free of bullying and harassment for LGBTQ students. (2 hours)

#### Dealing with Difficult Students in the School Environment-Violence Prevention.

Seminar for SRPs

12/04/2018 Pearl River 12/06/2018 Tarrytown

This seminar will offer strategies for dealing with students who exhibit chronic and extreme misbehavior, including violence. Participants will learn what motivates students to misbehave, intervention techniques to use at the moment of misbehavior, how to avoid and defuse confrontations, and ways to reinforce desirable behavior. (3 hours)

#### Differentiated Instruction: Connecting with All Learners

**Seminar for Teachers** 

12/13/2018 Pearl River

This session raises awareness of research that supports instructional differentiation and examines the basic elements of two differentiation models. The seminar addresses the planning, teaching and learning aspects of differentiated instruction that all teachers may experience. (3 hours)

Disability Awareness Seminar for SRPs 12/11/2018 Tarrytown 12/12/2018 Pearl River

SRPs often work with students who are identified as having one of the categories. This seminar will provide participants with a general understanding of the thirteen disability categories and key concepts related to the education of students with disabilities. Participants will experience what it is like to have a disability and learn strategies for improving student learning and behavior. (3 hours)

#### **Educating English Learners in Elementary Classrooms**

Seminar for Teachers

04/02/2019 Tarrytown 04/03/2019 Pearl River

This seminar, designed for elementary teachers, focuses on language acquisition and the challenges ELLs at different proficiency levels face in the mainstream classroom. Teachers will experience a variety of research-based strategies and modifications and learn how to apply them in lesson plans that foster the academic achievement of ELLs in their classes. (3 hours)

Educators Valuing Diversity Seminar for Teachers and SRPs 12/18/2018 Tarrytown 12/19/2018 Pearl River

This seminar is designed to help teachers educate their students who will be living in a world of diverse communities. It will promote awareness of global differences while identifying shared values. It encourages the understanding of one's own culture as the doorway to understanding other cultures. (2 hours)

#### **Effective Questioning**

Seminar for Teachers 01/16/2019 Pearl River 03/12/2019 Tarrytown

400 questions a day. That's the average number of questions teachers ask in a day. How many of these questions challenge students to think and demonstrate meaning? In this seminar, participants will explore the different purposes of questioning, classify questions according to purpose, and better understand Bloom's Taxonomy and Webb's Depth of Knowledge. (3 hours)

#### Engaging the Disruptive Student Seminar for Teachers 04/02/2019 Newburgh

What can you do when you have students who disrupt the learning in your classroom? This seminar will discuss the many strategies to enhance personal effectiveness with disruptive students and get students learning back on track. (3 hours)

#### Family Partnerships to Improve Classroom Behavior

**Seminar for SRPs** 

01/16/2019 Tarrytown 01/17/2019 Newburgh

This seminar engages educators in discussing the benefits of having consistent and positive family school partnerships through frequent communication. Family Partnerships to Improve Classroom Behavior focuses on how educators can improve and enhance classroom behaviors and relationships with the students and families they serve. (3 hours)

#### Including English Learners: Strategies for Academic Success

**Seminar for Teachers** 

02/06/2019 Tarrytown 02/07/2019 Newburgh

With so much attention focused on helping English learners meet grade-level expectations, teachers are looking for what works. In this seminar, participants explore four research-based recommendations for engaging English learners in subject area instruction. Participants will view real life classroom examples and experience practical hands-on activities that can be applied across grade levels and content areas. (3 hours)

#### Incorporating LGBTQ Topics or Resources into the Curriculum

**Seminar for Teachers** 

02/12/2019 Tarrytown 02/13/2019 Pearl River

This seminar provides educators with LGBTQ resources that can be integrated into their lessons. The goal of the seminar is to provide awareness of tools and materials that align with current mandates yet enrich instruction. (2 hours)

### Increasing Comprehension of ELLs Seminar for SRPs

10/23/2018 Pearl River

Many SRPs work with English Language Learners (ELLs) on a daily basis. The seminar helps SRPs to understand the NYS regulations for identifying and providing services to ELLs, examine cultural factors that affect instruction for ELLs, and explore strategies for making academic content accessible to ELLs. (3 hours)

#### Increasing Family Engagement for Academic Success of ELLs

Seminar for Teachers and SRPs

10/23/2018 Newburgh SRPs 10/24/2018 Tarrytown Teachers

What are some approaches educators can use to develop effective partnerships with bilingual families? In this session, you will examine ways to increase family engagement and improve the home-school connection with the families of our English learners. Time will be provided to create a parent engagement plan to target specific academic outcomes for ELLs. (3 hours)

#### Instructional Implications and Recommendations for ELLs

Seminar for Teachers 11/07/2018 Pearl River

11/07/2018 Pearl River 11/08/2018 Tarrytown

What are the linguistic, cultural and academic challenges faced by English learners? Examine the instructional implications within the regular education classroom to support and increase English learners' access to, and mastery, academic language and content. (3 hours)

#### Instructional Supports for English Language Learners Seminar for Teachers

05/01/2019 Pearl River

English Language Learners (ELLs) are the fastest growing student population in schools, and they must be considered when NYS ELA and Math Standards are being implemented. Geared for general education teachers, this seminar will help participants design effective content-area instruction while they explore research-based strategies, instructional guidelines and resources for helping ELLs succeed. (3 hours)

#### Language Acquisition & Learning

Seminar for Teachers 12/04/2018 Newburgh 12/05/2018 Tarrytown

How does language development affect learning? Through exposure to research literature and information on language acquisition theory, you will gain a deeper understanding of the intersection of language and learning. Educators will be guided to reflect on how language development affects instruction and learning in their own classrooms. (3 hours)

#### Learning Preferences: Four Styles for Success

**Seminar for SRPs** 

01/29/2019 Newburgh

Adults and students learn in at least four different ways. In this seminar participants will examine four learning preferences or modes: kinesthetic, tactual, auditory and visual. Through a variety of experiential activities participants will assess their own comfort levels in the four modes and rate their learning strengths in each. The importance of adapting classroom support to address these preferences is embedded throughout the seminar. (3 hours)

#### LGBTQ Bullying and Harassment

Seminar for Teachers 11/28/2018 Tarrytown 11/29/2018 Newburgh

According to a recent Human Rights Campaign survey, LGBTQ students report being harassed at school both verbally and physically - at twice the rate of non-LGBTQ youth. This seminar brings awareness to the challenges LGBTQ students face and how educators can take pro-active steps to prevent or intervene when students are being discriminated against because they are LGBTQ. (3 hours)

#### Managing Student Behavior

**Seminar for SRPs** 

11/13/2018 Pearl River 11/15/2018 Tarrytown

This seminar provides effective strategies for communicating expectations to students, creating an environment in which appropriate behaviors are more likely to occur, and helping students learn to make appropriate choices. (3 hours)

#### Mindfulness in the Classroom

Seminar for Teachers and SRPs

01/30/2019 Tarrytown SRPs 01/31/2019 Pearl River SRPs

02/26/2019 Newburgh Teachers 02/28/2019 Tarrytown Teachers

Participants will explore the definition of mindfulness and how it relates to whole child instruction in the classroom. Scenarios and strategies will be used to introduce techniques that will address trauma and other factors that may lead to stress felt by today's students and/or educators. The seminar's interactive activities will model how these techniques can be implemented in a teacher's practice. The content will be mindful

of the diverse learners and backgrounds present in a classroom. Participants will have an opportunity to prepare next steps needed to integrate mindfulness into their daily routines. (3 hours)

### Motivating Students Through Music: A Whole Child Approach Seminar for SRPs

05/01/2019 Tarrytown

This seminar will seek to enhance the skills and knowledge needed to empower educators to impact the lives of students inside and outside of the classroom through music, lyrics, and poetry. Music speaks to the heart of caring individuals when faced with struggles and hardship in the school setting. Words are the key to bring about change in the life of a child. Motivating Students Through Music: A Whole Child Approach empowers educators to use the arts to engage students in learning and to promote positive behavior. (3 hours)

#### Our World, Our Students

Seminar for SRPs 04/03/2019 Tarrytown 04/04/2019 Newburgh

This seminar helps SRPs become familiar with students' cultural abilities and needs in order to create a more conducive learning environment. Educators will engage in discussions of the importance of involving all students in the learning process while demonstrating how they can use cultural connections to assist students in appreciating each other's strengths. (3 hours)

#### Poverty and its Effect on Learning

Seminar for SRPs

03/27/2019 Tarrytown

This seminar explores the effects of poverty and other socioeconomic issues, on student learning. Focus will be centered on six types of poverty: generational, situational, absolute, relative, urban and rural. The training will engage participants in various activities that will assist them in understanding how to effectively work with students from low socioeconomic status. During the program participants will discuss and examine how poverty affects learning, the importance of building relationships, connecting with the community, and creating a classroom environment that promotes learning through research-based practices. (3 hours)

#### Ps and Cues: Planning, Prioritizing, Performing

**Seminar for SRPs** 

03/14/2019 Tarrytown

In this seminar, participants will identify factors that make it difficult to complete tasks during the workday; use cues to prioritize activities; learn tips for managing details and distractions, and recognize the value of goal-setting as a first step in completing multiple tasks effectively. (3 hours)

#### Restorative Practices (RP): Promoting a Positive School Culture and Climate

Seminar for Teachers and SRPs

03/05/2019 Tarrytown Teachers

03/21/2019 Pearl River SRPs

This seminar provides an overview of discipline disparities, restorative practices and ways to promote positive discipline in schools. Restorative Practices examines recent data collected on disciplinary trends by the US Department of Education Office of Civil Rights. Key ideas and components of Restorative Practice are presented. Research and reasons for using restorative practices as an alternative to suspensions and other punitive approaches to misbehavior are explored. This seminar will offer educators strategies to engage in restorative questioning, dialogue and tier I restorative circles. (3 hours)

## School-Related Professional Communication: Skills for Effective Speaking & Listening

**Seminar for SRPs** 

01/22/2019 Pearl River

School-related professionals are required to master many skills. In this seminar participants will learn to: identify the roles of an effective communicator; practice active listening skills that promote group collaboration, support and trust; recognize ways in which information is communicated non-verbally; and practice supporting skills for overcoming resistances. (3 hours)

#### SRP's Impact on the Learning Environment

**Seminar for SRPs** 

02/13/2019 Tarrytown 03/05/2019 Pearl River

This seminar will explore the relationships between administrators, educators, students, and para-professionals. The seminar will focus on the crucial skills needed to create a safe, welcoming learning environment and will highlight the impact para-professionals

have in establishing the learning environment from the time students board the school bus in the morning until the time they are returned home at the end of the day. (3 hours)

#### Strategies for Struggling Readers Seminar for SRPs 04/10/2019 Tarrytown

Participants will become familiar with phonemic awareness, phonics, alphabetic recognition, and the role of the read-aloud. This seminar will focus on strategies and techniques to help students become successful readers. (3 hours)

#### Strategies for Student Engagement Seminar for Teachers 04/24/2019 Tarrytown

This seminar addresses one of the most critical instructional practices upon which student success is based. Teachers new to the profession may be challenged in how to plan for this in their everyday teaching. The seminar will focus on strategies that will help them sustain wonder, enthusiasm and perseverance. This seminar will provide a practical model for understanding what our students want and need in their classrooms. (2 hours)

# Supporting Students with Autism Seminar for SRPs 04/09/2019 Tarrytown 04/10/2019 Pearl River

Ending the achievement gap between students with and without disabilities requires addressing the essential factors that can influence their success. This three-hour training provides up-to-date information on the clinical and associated features of Autism Spectrum Disorders (ASDs). Attention will be given to how these features manifest themselves and present unique instructional and learning challenges within educational settings. The seminar provides evidence-based, pro-active strategies for helping children and adolescents with ASDs succeed in schools today. (3 hours)

#### **Teaching Students to Ask Questions**

Seminar for Teachers 01/24/2019 Pearl River

Students who initiate questioning in the classroom engage in higher-order thinking and advance their understanding of the content, demonstrating self-motivation. Participants will be introduced to, and work closely with, a protocol proven to encourage active classroom involvement and the development of questioning skills in students. (3 hours)

#### The IEP: Supporting Student Instruction

**Seminar for SRPs** 

01/22/2019 Newburgh 01/23/2019 Tarrytown

Being a school-related professional today requires many skills to become an integral part of school-wide success. In this seminar participants will become familiar with the special education process, terms/concepts, and learn what is in an IEP and how it impacts an SRP's role in supporting student instruction. (2 hours)

#### The Impact of Culture on Student Achievement

Seminar for Teachers 01/08/2019 Pearl River 01/09/2019 Tarrytown

In addition to learning a new language, ELLs have to adjust to a new environment and culture while learning new academic skills and content knowledge. Explore the impact of culture on academic achievement, and identify factors that contribute to a culturally responsive classroom in this engaging session. (3 hour)

## Trauma Awareness in Education: Supporting Resiliency and Preventing Conflict

Seminar for SRPs 01/15/2019 Newburgh 03/20/2019 Tarrytown

Increasingly our students experience exposure to multiple or prolonged traumatic events, such as child abuse, neglect, and exposure to domestic violence. This experience directly affects their social and emotional development and negatively impacts their behavior and academic growth in school. It is becoming more common that educators are faced with the challenges of connecting with and educating students who have endured complex trauma. Often the hurt that is felt by the student is placed on the educator and it can manifest in a variety of ways. This seminar will engage participants in understanding the roots of trauma, its prevalence and causes, the characteristics and associated behaviors, as well as learning how to work with traumatized students in a proactive and positive way. (3 hours)

#### Understanding Diversity: How Our Schools Are Changing

**Seminar for SRPs** 

01/15/2019 Pearl River

This seminar is designed to help educate students who will be living in a world of diverse communities. It will promote awareness of global differences while identifying shared values. It encourages the understanding of one's own culture as the doorway to understanding other cultures. (2 hours)

#### Understanding English Language Learners

**Seminar for Teachers** 

04/11/2019 Newburgh

As a teacher, what can you do with students in your class who are learning English? How can you help them succeed? This seminar focuses on understanding the stages of verbal acquisition and identifying variables that influence the language acquisition process for ELLs. Strategies that have been shown to successfully engage ELLs are examined and instructional and assessment accommodations are demonstrated. (2 hours)

#### Winning Over the Challenging Student

**Seminar for Teachers** 

01/08/2019, 01/15/2019, 01/22/2019, 01/29/2019, & 02/05/2019 Tarrytown

Based on the work of Kay Burke, William Glasser, Robert Marzano, and others, this program identifies reasons behind students' lack of motivation and commitment. Participants explore classroom activities and strategies that contribute to a more positive learning environment and create lessons that encourage students to make appropriate choices regarding their learning. (15 hours)

#### Working with Economically Disadvantaged Students

**Seminar for Teachers** 

04/23/2019 Tarrytown

This seminar provides an overview of how to engage students dealing with poverty. Strategies are embedded in the seminar to assist educators in the classroom. The training will encourage participants to participate in authentic conversations and activities that will assist in understanding how to effectively work with students living in poverty. (3 hours)